

# VIRTUAL PRE-ETS

## TRANSITION PROGRAM

UNT WISE's Virtual Pre-ETS Training assists young adults with disabilities, ages 14-22, to develop vocational skills, independent living skills, and social & recreation skills through an intensive virtual training program. The Virtual Pre-ETS Training is a six (6) week program for participants interested in vocational planning and/or post-secondary education for their future. This program opens the door to the realities of the adult world of work and living.

### OVERVIEW

The training is comprised of six (6) modules to be completed over a six (6) week course. Students complete one (1) to two (2) modules a week. Each module includes a number of lessons and activities that are self-paced or synchronized.

Self-paced activities allow the students to work through the material at their own pace; they can utilize instructor office hours to ask questions or schedule one-on-one assistance as needed. Synchronized activities require the student to log into the online classroom at a specific time in order to participate.

### LOGISTICS

**SESSION LENGTH:** Six weeks

**LOCATION:** Online

**FEE:** TWC-VR Sponsorship

**WEBSITE:** [wise.unt.edu](http://wise.unt.edu)

**CONTACT INFO:** [untwise@unt.edu](mailto:untwise@unt.edu)  
940-565-4000

\*\*\*Please check our website for specific program dates and to stay updated on the upcoming summer programs

### FOCUS AREAS

- **Career Exploration**
  - Vocational Evaluations, Creative Careers
- **Transition & Post-Secondary Counseling**
  - Career Pathways
- **Work-Based Learning**
  - Virtual Workplace Observation Tours, Teamwork on the Job
- **Independent Living**
  - Independent Living Skills Overview, Transportation Training, Healthy Eating, Food & Kitchen Safety, Cooking 101, Laundry & Cleaning, Communication Skills
- **Job Readiness**
  - Looking for Employment, Transferable Skills, Social Networking, Types of Applications, Resume Building, Creating an Elevator Speech, Interviewing Skills and Practice
- **Disability Disclosure & Self-Advocacy**
- **Social & Recreational Interests**
  - Appropriate Social Boundaries, Social Recreation Activities, Sports Exploration, Art Exploration
- **Person Centered Plans**

**Registration Opens in March!**